

Annual Scientific Meeting

Friday 19th April 2024



By Primary
Care For
Primary
Care



Welcome

We're delighted to welcome you to this year's PCSG Annual Scientific Meeting and what will be an intriguing and absorbing day.

As a Primary Care Society, we aim to provide yearly educational meetings that inspire, challenge thinking and encourage our members to share their experiences – all with the goal of improving gut health for everyone. We all know that primary care and life in general is running very hot at the moment so we're especially appreciative of the effort everyone has made to clear some time to attend today. Nothing beats meeting in person with like-minded friends and colleagues which is why we're so thrilled to see you all!

Today's event will cover the latest research, views and opinions across upper GI, lower GI and hepato-pancreato-biliary (HPB). From endoscopy to MASLD to IBS, our speakers will be focusing on primary care and we will also be updating you all on how the Society is working to improve the interface between primary and secondary care. Just before lunch we will also be announcing our inspiring "Guts and Glory" Award winner for 2024.

And where better for it all to take place, but the prestigious Wellcome Collection? With its long medical heritage, the PCSG is pleased to be continuing the tradition of progression and learning in the field of gastroenterology.

As always, we're keen to hear your suggestions for collaborations and ideas going forward. Becoming a member of the PCSG is FREE and if you feel you know anyone who would benefit from joining the society, please help us to grow our community. The PCSG is determined to continue to be a society that's authoritative, collaborative, forward thinking and lots of fun. The 2024 ASM has been curated with care and insight and aims to provide relevant and educational content to PCSG members. The PCSG secretariat has worked tirelessly to compile a rich, informative day and we'd love to get your feedback on this year's programme.

And lastly, be sure to grab your copy of the latest issue of the PCSG's annual publication, The Digest. This issue, which has been inspired by our Founder and President, Professor Roger Jones and edited by our Chair, Dr Marion Sloan, covers the environmental challenge in healthcare and how the NHS is responding.

So, sit back, relax and immerse yourself in one of medicine's most fascinating fields!

Dr Marion Sloan
Chair, PCSG

PCSG Corporate Supporters

The PCSG would like to thank the following pharmaceutical companies for their support:



General information

BADGES

Please wear your name badge during the meeting and return your lanyard to the registration desk at the end of the day.

CATERING

Please refer to the programme for the time of refreshment and lunch breaks. We ask that you return promptly following these breaks to ensure that the meeting finishes at the scheduled time.

CERTIFICATES OF ATTENDANCE

These will be available on request. Please email secretariat@pcsg.org.uk

EVALUATION FORMS

Your feedback is important to us. It helps us to plan for further events and we also relay your feedback to each of the individual speakers. Please take a few minutes to complete the evaluation form and return it at the end of the meeting.

EXHIBITION

The PCSG is pleased to welcome our corporate sponsors to this educational meeting. A pharmaceutical display will take place throughout this meeting. Information on PCSG Corporate Sponsors is also available in this pack.

FIRE EVACUATION

The Chairperson will inform you of the fire evacuation procedure.

MOBILE PHONES

We ask that mobile phones are switched off or on silent during the meeting.

Opinions expressed in the presentations are those of the speakers and do not necessarily reflect those of the Primary Care Society for Gastroenterology.

Assessment of knowledge prior to meeting

What three things are you hoping to learn from today's meeting?

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What else are you looking forward to? (networking, sharing of best practice, information from the exhibition?)

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Time	Details
9.15 - 9.40	Registration
9.40 - 9.45	<p>Chair's Welcome and Introduction</p> <p>Dr Marion Sloan Chair of the PCSG</p>
9.45 - 10.20	<p>GPs & Endoscopists. What we can learn from each other?</p> <p>Dr David Graham</p>
10.20 - 10.55	<p>NAFLD to MASLD. Why the change and what GPs will benefit from knowing</p> <p>Dr Helen Jarvis</p>
10.55 - 11.15	Coffee / tea break
11.15 - 11.50	<p>Hyperferritinaemia - when/how to be confident it reflects iron overload</p> <p>Dr Jeremy Shearman</p>
11.50 - 12.30	<p>Irritable Bowel Syndrome, The Gut Microbiome and COVID – What's Known and What's New?</p> <p>Dr Imran Aziz</p> <p></p> <p><i>PrecisionBiotics® have sponsored this session as part of an unrestricted educational grant to the PCSG. The speaker and subject of the session have been agreed between PrecisionBiotics® and the PCSG, but PrecisionBiotics® have had no input into the content.</i></p>



12.30 - 13.05	<p style="text-align: right;">IQoro®</p> <p style="text-align: center;">Managing Rebound Acid Hypersecretion - the key to successful PPI withdrawal</p> <p style="text-align: center;">Debbie Grayson</p> <p style="text-align: center;"><i>IQoro® have sponsored this session as part of an unrestricted educational grant to the PCSG. The speaker and subject of the session have been agreed between IQoro® and the PCSG, but IQoro® have had no input into the content.</i></p>
13.05 - 13.35	Lunch break
13.35 - 14.15	<p style="text-align: center;">Eliminating Hepatitis C! Effecting change through collaboration</p> <p style="text-align: center;">Dr Rik Fijten & Dr Kosh Agarwal</p>
14.15 - 14.55	<p style="text-align: center;">The ATLANTIS trial, the largest trial of a Tricyclic Antidepressant for IBS worldwide undertaken in England in Primary Care</p> <p style="text-align: center;">Professor Hazel Everitt</p>
14.55 - 15.15	Coffee / tea break
15.15 - 15.50	<p style="text-align: center;">New opportunities for GPs to become a GPwER in Gastroenterology. Framework, pathway, education and funding. An update</p> <p style="text-align: center;">Dr Charlie Andrews</p>
15.50 - 16.30	<p style="text-align: center;">Bile Acid Diarrhoea</p> <p style="text-align: center;">Professor Julian Walters</p>
16.30 - 16.45	Closing comments
16.45 - 17.15	AGM



GPs & Endoscopists. What we can learn from each other?



Dr David Graham

Dr David Graham is a consultant gastroenterologist at University College Hospital, London. He trained at St Bartholomew's and the Royal London Medical School and completed gastroenterology training in North East London. He undertook a PhD at UCL on the early detection of oesophageal cancer through utilisation of salivary 'liquid biopsies' and artificial intelligence analysis of patient data.

He has a specialist interest in Barrett's oesophagus, oesophago-gastric cancer, endoscopic imaging technologies and interventional endoscopy. David has a keen interest in endoscopy training and has helped run many live endoscopy courses at UCH.



NAFLD to MASLD. Why the change and what GPs will benefit from knowing



Dr Helen Jarvis

Dr Helen Jarvis is a GP partner in Northumberland. She sits as an RCGP clinical adviser and previous RCGP clinical champion for liver disease.

She is studying for a PhD as an NIHR clinical doctoral research fellow, working to improve pathways of care for patients with liver disease in the community. She is a member of the UK Liver Alliance, sits on the clinical advisory board for the British Liver Trust and is the primary care representative on the NIHR/BASL liver disease early detection collaboration group.



Hyperferritinaemia - when/how to be confident it reflects iron overload



Dr Jeremy Shearman

Dr Jeremy Shearman is an experienced secondary care hepatologist working at South Warwickshire University Foundation Trust. During his post-graduate training in Oxford he completed a DPhil on the molecular genetics of haemochromatosis. Returning to full-time clinical practice Jeremy retained his interest in the needs of patients with iron overload working closely with professional bodies including the British Society of Gastroenterology and the Royal College of Physicians and the patient charity, Haemochromatosis UK. He currently chairs the BSG/BASL/BSH haemochromatosis Special Interest Group.



Irritable Bowel Syndrome, The Gut Microbiome and COVID – What’s Known and What’s New?



Dr Imran Aziz

Dr Imran Aziz is a Senior Lecturer and Consultant Gastroenterologist at the University of Sheffield & Sheffield Teaching Hospitals. His clinical and research interests are in the field of Functional Gastrointestinal Disorders. He has co-authored the British Society of Gastroenterology guidelines on the management of irritable bowel syndrome and functional dyspepsia, published 4 book chapters and 90 peer-reviewed scientific papers with a H-index of 30.

In 2021, Dr Aziz was awarded the United European Gastroenterology Rising Star Award, a prize recognizing promising young clinician-scientists across Europe for their excellent academic track record. He serves on the editorial board of *Gastroenterology*, the premiere international journal in the field of GI diseases. He is also chair of the Rome Partners Group, whose mission statement is to foster an international partnership between the Rome Foundation and early to mid-career healthcare providers interested in Functional Gastrointestinal Disorders.



Managing Rebound Acid Hypersecretion - the key to successful PPI withdrawal



Debbie Grayson

Debbie Grayson is a registered pharmacist and nutritional therapist with years of experience supporting patients who have been taking PPIs long term for simple reflux and can be safely managed by neuromuscular training and diet and lifestyle modifications. Her expertise in the safe removal of a PPI where appropriate has been shared with many practitioners and has successfully supported hundreds of patients to manage their reflux without the medication, reducing some of the long-term issues a PPI can produce. Debbie trains a wide range of healthcare professionals in how this can be achieved safely.



Eliminating Hepatitis C! Effecting change through collaboration



Dr Rik Fijten

Dr Rik Fijten MBBS BSC MRCP MRGCP

Dr Rik Fijten is a GP Partner at a large practice in South East London. His interests include Gastroenterology and Education and his work as Hepatitis C GP Champion allows him to combine these interests which he really enjoys. Over the coming years he hopes to develop an extended role in Gastroenterology and help to improve the care he delivers to patients presenting to primary care with Gastroenterological complaints.



Dr Kosh Agarwal

Consultant Hepatologist and Transplant Physician, Institute of Liver Studies, King's College Hospital, London. Reader in Hepatology Kings College London

Kosh Agarwal is a Consultant Hepatologist and Transplant Physician at the Institute of Liver Studies at King's College Hospital in London, UK. Dr Agarwal is also Lead for the Regional Viral Hepatitis Program, at the largest treatment centre for viral hepatitis in the UK. He is a Clinical Director of the NIHR South London Clinical Research Network

In 1991 Dr Agarwal graduated from Newcastle University, UK and his postgraduate training was undertaken in Newcastle with the majority of his clinical and research training at the Regional Liver and Transplant Unit. He also spent a year at the Division of Liver Diseases, Mount Sinai, New York, USA.



The ATLANTIS trial, the largest trial of a Tricyclic Antidepressant for IBS worldwide undertaken in England in Primary Care



Professor Hazel Everitt

Professor Hazel Everitt is a GP and a Professor of Primary Care Research at the University of Southampton. She leads the Primary Care Research Centre at Southampton which is a member of the NIHR School of Primary Care Research. She is co-author of the Oxford Handbook of General Practice and has undertaken clinical GP work in the same practice in Totton, Southampton for over 24 years. Prof Everitt has a longstanding research interest in gastroenterology and is a co-author on the British Society of Gastroenterology Guidelines on the Management of IBS. She has track record of developing and leading large clinical trials in primary care including the NIHR funded ACTIB trial of CBT for IBS, and the NIHR funded ATLANTIS trial of Amitriptyline for IBS which was published in The Lancet in October 2023.



New opportunities for GPs to become a GPwER in Gastroenterology. Framework, pathway, education and funding. An update



Dr Charlie Andrews

Dr Charlie Andrews is a gastroenterology GPwER in Bath. He is a GP at St Chads and Chilcompton surgery in Midsomer Norton. Alongside his GP role, Charlie works as an endoscopist in a local community hospital and is the clinical lead for the southwest GPwER training programme, an NHS England supported initiative to develop gastroenterology GPwER across the region. Interested in all things bowel-related, he is the host of the PCSG's podcast series, 'Ingest', which is now entering its third year and is a popular educational resource for clinicians working in primary care. He has been a committee member of the PCSG since 2019.



Bile Acid Diarrhoea



Professor Julian Walters

Professor Julian Walters is a Consultant Gastroenterologist at Imperial College Healthcare Trust. He has extensive experience on clinical, basic research and translational aspects of bile acid diarrhoea, and has published key papers on the causes, diagnosis and treatment. He has helped develop Guidelines on the investigation of chronic diarrhoea and its management.



PRIMARY CARE SOCIETY FOR GASTROENTEROLOGY
ANNUAL GENERAL MEETING
Friday 19th April 2024

1. Introduction
2. Minutes of last meeting and matters arising
3. Officers' reports:
 - Chairman's report
 - Treasurer's report
 - Secretary's report
 - Elections and resignations
4. AOB



CPD Reflective Learning with the PCSG

This document is designed to support reflective learning as a result of attending the PCSG Annual Scientific Meeting.

This is best done soon after the event.

**PCSG Annual Scientific Meeting (ASM)
19th April 2024.**

Please fill in the boxes below (where appropriate).

1. Why have you selected the PCSG ASM for reflective learning?

2. What was the learning need or objective that was addressed?

- Do you have any specific gastroenterological learning objectives that you hope are addressed by attending the PCSG ASM?
- Has attending the event contributed to your gastroenterological knowledge and skills?
- Which talks did you find most useful and what areas of your learning objectives did they cover?

- Do you have any specific gastroenterological learning objectives that you hope are addressed by attending the PCSG ASM?
- Has attending the event contributed to your gastroenterological knowledge and skills?
- Which talks did you find most useful and what areas of your learning objectives did they cover?

3. What was the outcome of the activity?

- How have your knowledge, skills and attitudes changed?
- Have you identified any skills, attitude or knowledge gaps?
- How will this activity improve patient care or safety?
- How will your current practice change as a consequence of your learning from this activity?
- What aspects of your current practice were reinforced by this activity?

4. Further learning needs

- Outline any further learning or development needs highlighted by the activity.
- How do you intend to address these?

Number of CPD hours claimed:

If you have any suggestions or requests relating to further learning or development needs please forward your observations to secretariat@pcsg.org.uk



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The Primary Care Society
for Gastroenterology



INGEST

The PCSG Podcast for Primary Care

Episodes focus on when to suspect, how to diagnose, when to refer and how to support patients with gastrointestinal conditions in the community.

Start listening today!

pcsg.org.uk/ingest/

